

an daire academy of irish dance

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GRADE 1 – Easy Reel

BEGINNER 1 REEL

Lead Round (8 Bars)

Leap 2, 3s (in a circle)

1st Step (16 Bars)

(r) Point point leap over-2-3

(l) Leap-2-3-4-5-6-7

(r) Whip2-3 (r) Whip-2-3

(r) Leap over-2-3-4-5-6-7

(l) Point point leap over-2-3

(r) Leap-2-3-4-5-6-7

(l) Whip2-3 (l) Whip-2-3

(l) Leap over-2-3-4-5-6-7

2nd Step (16 Bars)

(r) Whip-2-3 (r) Whip-2-3

(r) Whip-2-3-4-5-6-7

(r) Leap over-2-3-4-5-6-7

(r) Hop (l) point hop back (l) hop (r) point hop back

(l) Whip-2-3 (l) Whip-2-3

(l) Whip-2-3-4-5-6-7

(l) Leap over-2-3-4-5-6-7

(l) Hop (r) point hop back (r) hop (l) point hop back